

Last updated 7 October



Sydney FC COVID19 Protocols Guide – Community Program Participants and Parents



SYDNEY FC COMMUNITY PROGRAMS

COVID19 SAFETY MEASURES

GENERAL INFORMATION

The health and safety of our community participants is of the utmost importance to Sydney Football Club (Sydney FC).

Sydney FC will conduct our community programs in a professional and COVID Safe manner and this guide should be used by participants and parents alike.

This guide and its conditions will be amended in accordance with any future Government directives.

General Information and Symptoms -

Common symptoms are sore throat, muscle and joint pain, dry cough and fever – a temperature above 37.5 degree Celsius.

If you need advice or have questions, call the National Coronavirus Health Information Line on 1800 020 080. More information can be found at <https://www.health.nsw.gov.au/Infectious/covid-19>

Self-Monitoring and Reporting to Sydney FC -

Become familiar with the symptoms of COVID19 and ensure your child lets a parent or guardian know if they begin feeling any COVID specific or flu like symptoms.

If a participant;

- is feeling unwell or begins to show flu like symptoms;
- has visited any of the venues listed on the NSW Government website - Latest COVID-19 case locations in NSW, and/or
- has been in contact with someone in the last 14 days who has been confirmed with coronavirus,

do not attend a community program and inform Sydney FC staff via email at community@sydneyfc.com or contact the Sydney FC office on 8413 5100 and ask to speak to the community team

Before the Clinic

Ensure you are travelling light;

- Only required persons for drop off and pick up participants from a program
- Parent/s or guardian/s who are not fully vaccinated to wear a face mask at all times
- Only bring essential items with you e.g. clearly labelled drink bottle, medication, jacket if inclement or cold weather

DURING TRAINING

Arrival Time -

Sydney FC require participants to arrive 30minutes before the program start time on Day 1.

Sydney FC ask that participants arrive no more than 15-20minutes before the advertised session start time on the subsequent clinic or session dates. If participants arrive 20+ minutes before a session, please wait in the car or in small groups outside.

Sessions during the Roadmap out of a lockdown Environment -

All Sydney FC community program sessions have been designed to be delivered in line with prescribed Government directions: increased hygiene standards, group sizes, vaccination requirements etc.

To further encourage adherence to the NSW Government guidelines during training Sydney FC will;

- Not allow the exchange of Sydney FC kit items due to possible contamination risks;
- Provide COVID-19 safety and good hygiene signage across all community program venues;
- Provide hand sanitiser and disinfectant wipes for players and coaches to use before, during and after training sessions;
- Encourage hand washing before and after eating and breaks during applicable programs;
- Mandate the wearing of a face mask by parent/s or guardian/s present at a community program who are not fully vaccinated and the community program takes place before 1 December 2021 or in line with the Government; and
- Remind players to show encouragement for their teammates through verbal praise or 'elbow bumps' instead of traditional high fives and other celebrations which involve contact.

FREQUENTLY ASKED QUESTIONS

- ❖ **Can parents/guardians stay and watch training?**
It is Sydney FC's preference that parents/guardians stay in their car or leave the premises for the duration of the program. However, if parents/guardians would prefer to watch please notify the Sydney FC site supervisor who will determine an appropriate and safe place for any parents to stay on site that will ensure venue compliance and Public Health Order is upheld. Parent/guardians will be asked to wear a face mask whilst outside their vehicle and present at a Sydney FC community program.
- ❖ **What happens if a participant feels sick during a program?**
If a participant self-identifies COVID symptoms the participant will be isolated from others while parents/guardians are contacted.
- ❖ **What training have Sydney FC Community staff and coaches had to provide COVID-19 safe practices and ensure compliance?**
All Sydney FC staff members including supervisors and Sydney FC community coaches have undertaken the Federal Government COVID-19 infection control training course and been briefed on the Sydney FC protocols and expectations.
- ❖ **Do Sydney FC have a COVID-19 Safety Plan?**
Yes, all Sydney FC community programs have a COVID-19 Safety Plan which addresses the matters required by the COVID-19 safety checklist.
- ❖ **Are all Sydney FC supervisors and coaches fully vaccinated?**
All Sydney FC staff members including supervisors and Sydney FC community coaches have been fully vaccinated with an approved COVID19 vaccine.